



Volunteer for a

CLINICAL RESEARCH STUDY



OFFICE OF CLINICAL TRIALS

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Why NYU Langone Medical Center?

NYU Langone Medical Center (NYULMC) is one of the nation's premier centers of excellence in healthcare, biomedical research and medical education. Originating in 1841, the NYULMC legacy of innovation continues today with state-of-the-art clinical programs in virtually every medical specialty and subspecialty. As an integral part of an academic medical center, NYULMC's clinical services are continually informed and enhanced by hundreds of ongoing basic and clinical research projects. NYULMC continues to produce groundbreaking discoveries.

How Do I Join a Clinical Research Study?

Once you find a study you are looking for, simply contact the study team. Or start by contacting us at clinicaltrials@nyumc.org for assistance.

Register With ResearchMatch

ResearchMatch is a web-based registry. Signing up is free and anyone can join. Once registered, NYULMC researchers can send you a message about studies that match your area(s) of interest. Your information remains private and is only released to them if you say "yes." Register in just a few minutes by visiting: oct.med.nyu.edu/RM



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What Can I Expect as a Volunteer?

Before becoming a volunteer you must be officially “enroll” into a clinical research study by signing an Informed Consent Form which describes the study in detail, including known risks, benefits and potential costs. The research team will review the form with you, answer any of your questions and allow you all the time you need to decide before signing.

Your decision whether to take part is a voluntary decision that only you can make. You can decide not to take part in the research, and your decision will not affect the care you receive at NYULMC or its affiliates.

Clinical research studies do vary greatly. Volunteers can expect to be fully informed and to have all questions and concerns addressed during the course of a study. And as participation is voluntary, you may quit any study at any time for any reason.

Your security is protected as your personal information will only be accessed by the investigator and their study team. Anyone else that may have access will be clearly identified in your consent form.

Where else would you want to be?

- Ranked as a U.S. News & World Report “Best Hospitals” 2013-2014
- NYU School of Medicine ranked #21 in research on U.S. News & World Report’s 2014 rankings of the Best Medical Schools
- Over 17,000 registered research volunteers
- Over 1,750 clinical research trials to choose from
- Appointments available with more than 600 clinical researchers

Becoming a Clinical Research Study Volunteer

Clinical research studies play a critical role in healthcare development. Matching potential volunteers like yourself to today's open studies are essential to continuing the advancement of our future healthcare options.

This brochure has been prepared to help you decide if becoming a volunteer is right for you, and will help you answer:

- What is a clinical research study?
- Why are clinical research studies important?
- Would I be interested in volunteering for a clinical research study?
- What risks are there for volunteers?
- What can I expect as a volunteer?
- How do I join a clinical research study?
- Why NYU Langone Medical Center?

What Is a Clinical Research Study?

Clinical research studies are conducted by physicians ("investigators") aiming to find better healthcare solutions or answer specific healthcare questions by studying the effectiveness of diagnostics, interventions, or preventive measures.

Healthcare companies work with physicians to design clinical studies that protect the safety and privacy of volunteering participants while allowing information and analysis that will lead to successful advances in healthcare.

Why Are Clinical Research Studies Important?

The success of previous clinical research studies provides many of the advances in healthcare we enjoy today. There are many studies in progress today that offer the promise of treatments, which may be available during our lifetime.

Would I Be Interested in Volunteering for a Clinical Research Study?

Some clinical research studies require healthy participants while others seek participants with specific conditions to be treated or studied.

Therefore, the decision to volunteer can vary greatly for each individual. Some common reasons for participation include:

- Getting treatment for a specific condition or disease
- Accessing investigational devices or drugs that are not otherwise available
- Contributing to research that may help others
- Financial compensation for your time may be available, depending on the research study

Participation in clinical research is dependent upon “inclusion criteria” and “exclusion criteria” which determines who can and cannot volunteer. Such criteria can vary and be dependent on factors including age, gender, current diagnosis or previous medical history.



What Risks Are There for Volunteers?

There may be risks involved for volunteers, although there is never an obligation to volunteer when inquiring about a clinical research study and participation can be terminated at any time once you become a volunteer.

Risks can include mild, serious, or even life-threatening side effects to treatments. They may not provide any positive results while forfeiting the opportunity to pursue other treatments. Studies may also require time commitments, including doctor appointments, hospital stays, or drug dosage requirements.

While risks cannot be eliminated, great measures are taken to ensure they are minimized. Clinical research studies for drugs and devices are subject to strict, scientifically controlled settings and require regulatory authority approval for new therapies by the U.S. Food and Drug Administration (FDA). Additionally, all clinical research at NYULMC is required to receive approval by an Institutional Review Board (IRB), which reviews safety and privacy concerns for all clinical research studies. The NYULMC IRB has been awarded full accreditation by the Association for the Accreditation of Human Research Protection Programs, Inc. (AAHRPP) and offers all volunteers their IRB Bill of Rights.

***Volunteer
Today!***